

Monthly eNewsletter

352.588.2732

www.sacfcu.org

June 2020



VISIT US AT OUR DRIVE THRU!



New President & CEO

The Board of Directors of San Antonio Citizens Federal Credit Union has named Patricia Sarne President and CEO. Sarne, who served as Executive Vice President, succeeded Tim Baldwin, as of his retirement May 31, 2020. Patricia Sarne began her career at SACFCU on April 4, 1994...

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ENTER FOR A CHANCE TO WIN \$65!

Your Credit Union is celebrating our 65th Anniversary on Facebook by giving away \$65 every week!

Click here for the full Contest Rules

Congratulations To All Of Our 2020 Graduating Seniors!

This year, your credit union created Virtual Presentations for our four \$2500 Scholarship



Winners that were included in the high school's virtual awards ceremonies. To view the scholarship presentations, click on the name of each student listed below.

Laura Miller - Pasco High School
Katelyn Wagner - Pasco High School
Abigail Wilder - Zephyrhills High School
Isabel Perdoma - Home School

Free Checking & Debit Card



- No minimum balance required
- No monthly service fees
- No per check charge
- Free Online Banking



Business Link has been cancelled this month due to the coronavirus.



Hey credit union members! Claim your cash.

Get \$200 cash with Unlimited Plus or Premium when you switch to Sprint*.

Get cash >



TRENDING

8 Ways to Celebrate Father's Day Under Lockdown

- 1. Send over breakfast in bed.

 Nothing says "I love you" like
 a basket bursting with
 breakfast goodies. If you
 can't see dad in person
 today, prepare a feast to go
 and send it through a private
 delivery service like. Take it
 over the top by including a
 build-your-own bagel spread,
 a gourmet cheese board, or a
 homemade iced latte.
- 2. Take a virtual gym class together. Does dad miss his bootcamp class at the gym? You can choose from the dozens of virtual fitness classes now being offered at no cost through <u>Orangetheory</u>, <u>Fhitting Room</u>, <u>Rumble</u>, <u>Tone It Up</u>, P.volve or 305 Fitness

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FEATURED APP REVIEW

Meditation Apps

In the frenetic world of 2020, if you aren't checking your emails, liking your friend's Instagram posts and planning your summer vacation while eating dinner, you're guilting yourself into wondering why you're wasting time. With loads of high-tech devices that make layering tasks almost effortless, mindfulness is a lost art — almost.

In the middle of all the pressure to do, do, do, there's a movement to reclaim the calm, the peace and the mindfulness that was once ours. And, of course, there's an app for that! These three popular meditation apps can help you learn how to master the art of meditation, be more relaxed, sleep better and tackle each part of your day with total mindfulness.

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